

Autumn Term 2022

Menu – Week One

	<i>Monday</i>	<i>Tuesday</i>	<i>Wednesday</i>	<i>Thursday</i>	<i>Friday</i>
Option 1	Macaroni Cheese	BBQ Pulled Pork Wrap & Rice	Roast Chicken, roast potatoes, Yorkshire pudding, and vegetables	Sausage, mash and peas	Fish Fingers with chips and beans
Option 2 (vegetarian)			Roasted Quorn Fillet and the above	Sausage, mash and peas (v)	
Desserts	Cornflake Tart	Chocolate Sponge	Raspberry Jelly	Healthy Fruit Salad	Oak Cookie

Menu – Week Two

Option 1	Neapolitan Pasta and garlic bread	Mild Chicken Curry and rice	Roast Chicken with Yorkshire Pudding, roast potatoes & vegetables	Cottage Pie and carrots	Fish Fingers with chips and beans
Option 2 (vegetarian)		Mild Quorn Curry	Roasted Quorn Fillet and the above		
Desserts	Peaches and ice cream	Iced Vanilla Sponge	Ice Lolly	Healthy Fruit Salad	Chocolate Crispy Cake

Menu – Week Three

Option 1	Cheese & Tomato Pizza, sweetcorn & coleslaw	All Day Breakfast	Roast Chicken with Yorkshire Pudding, roast potatoes, & vegetables	Lasagne and garlic bread	Fillet Fish with chips and beans
Option 2 (vegetarian)		All Day Breakfast (v)	Roasted Quorn Fillet and the above		
Desserts	Strawberry Ice Cream	Coconut Jam Sponge	Yogurt	Healthy Fruit Salad	Shortbread

A Jacket Potato or Baguette/Sandwich is an option every day with a choice of fillings (cheese, ham, tuna or egg). A glass of milk or water is always available.